

## LOCATIONS

### Priority Fitness

415 S. Main St  
Canyonville, OR 97417  
(541) 839-4998

#### Open Hours:

Daily: 5:00 am - 12:00 midnight  
(With Scan Card)  
24-hr Gym Access (Add \$10 to  
monthly membership fee)

### Priority Fitness

544 Union Ave  
Grants Pass, OR 97527  
(541) 955-0940

#### Open Hours:

M-Th: 8:00 am-12:00 noon  
1:00 pm-5:00 pm  
Fri: 8:00 am-12:00 noon

### Priority Fitness

218 N. Redwood Hwy  
Cave Junction, OR 97523  
(541) 592-6580

#### Open Hours:

Daily: 6:00 am - 8:00 pm  
(With Scan Card)

## CANYONVILLE GYM PHOTOS



# ***PRIORITY FITNESS***



**Vince Barrios, ACE-CPT  
Certified Personal Trainer**

**Call: 541-839-4998**

**WEBSITE:  
[www.RiversidePhysicalTherapy.org](http://www.RiversidePhysicalTherapy.org)**



## PRIORITY FITNESS

We are a privately owned personalized fitness center and we have teamed up with Riverside Physical Therapy to provide you with continued and uninterrupted customized exercise program to meet your mobility and functional needs, as well as improve your physical fitness level. We are also open to the public. Only ages 18 and above are eligible to join.

**Membership fee: \$35 per month**

## MISSION AND GOAL

Our mission and goal is to provide you with high quality customized exercise programs to maintain or improve your fitness level in a friendly and non-intimidating environment, as well as integrate your individualized fitness program into your lifestyle.

## OUR MOTTO

**“Your health is our #1 priority!”**

## PERSONAL TRAINING CLASS

If you are interested in a one-on-one personal training or group class, you can make an appointment with our Certified Personal Trainer who will design a program that will address your immediate exercise fitness needs. This class is currently **ONLY** available at our Canyonville facility.

The following conditions are addressed:

- Weight loss
- General conditioning
- Endurance training
- Balance training
- Flexibility training
- Strength-athletic/competition training
- Pre-surgical exercise/conditioning
- Post-surgical exercise/conditioning
- Post-physical therapy rehab conditioning
- Phase 3 cardiovascular training

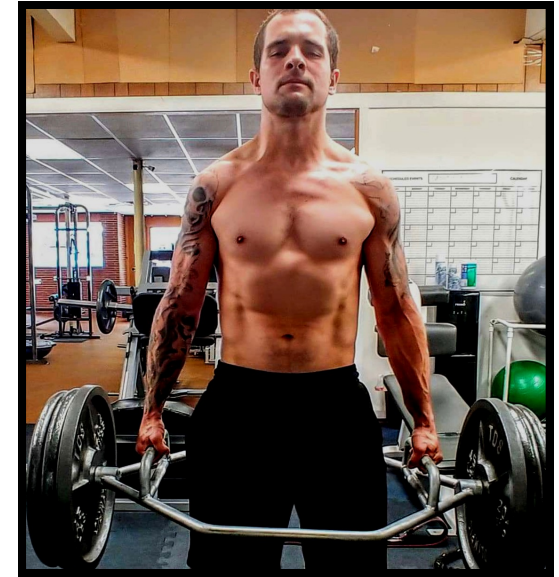
## FEES AT A GLANCE

### Member Individual:

1 session: \$39  
 4 sessions (10% discount): \$140  
 8 sessions (20% discount): \$250

### Nonmember individual:

1 session: \$45  
 4 sessions (10% discount): \$162  
 8 sessions (20% discount): \$288



## GYM MEMBERSHIP FEES

### Individual Gym Membership:

1 Month: \$35  
 3 Months: \$95  
 6 Months: \$190  
 12 Months: \$375

### Couple Gym Membership (2 Adults):

1Month: \$60  
 3 Months: \$160  
 6 Months: \$320  
 12 Months: \$640

### Platinum Gold Gym Membership:

24-hr Gym Access: Add \$10 per month to membership fee

### Guest Pass:

Daily Fee: \$7 per person